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# RESONATE

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## RESONATE MAGAZINE DISCUSSION QUESTIONS

*Edition 13*

Use these discussion questions to dig deeper into the articles in your small group, church gathering or personal reflection.

### **Denying yourself** – Naomi Gilbert

*Page 3-4*

1. In what areas of your life are you tempted to take the ‘microwave dinner’ approach?
2. Why do we find it so hard to deny ourselves, even though Jesus directly commands us to do it?
3. What does denying yourself mean for you?  
Is it spending more time with God and less in front of a computer or TV?  
Taking the time to chat to a neighbour?  
Committing to give money each month in support of global mission?  
Serving overseas as a cross-cultural worker yourself?
4. Read Luke 14:25-33, Mark 10:21 and Matthew 4:18-22.  
What are the people in these passages called to give up for a life following Jesus?
5. Is there someone in your life now who you’ve been praying for, but your prayers seem to go unanswered? Are you willing to stick at it and go the long, hard slog, like Jonno in Mozambique?
6. Think about the story of Moses (Book of Exodus).  
What did he give up to follow God’s call for his life?  
Can you think of other people, in the Bible or otherwise, who have been willing to give up everything to follow God?
7. What message does it send to those around us if, as followers of Jesus, we show we’re prepared to stick it out for the long hard slog?

missions  
get a taste

